

# Update from the **Village Life** Magazine Committee

Welcome to this summer edition of **Village Life** magazine. You will notice that we have slightly changed the cover both to reflect that the magazine covers all of the communities that make up St Martins Parish and to make it clearer as to which month the edition has been published.

We have had specific feedback on two issues this time.

First, we received positive feedback on the new “Condolences” feature in the last edition, but some people were concerned as to how they should notify us of any bereavement. The answer is very easy – either drop a note in to Sue at the Centre, or email details to [stmartinsvillagelife@gmail.com](mailto:stmartinsvillagelife@gmail.com) or phone me on 01691 770677.

We have also had people asking how we pay for the magazines and again the answer is quite simple. Most of the costs are covered by our advertisers who pay to give you details of the services they can offer locally, while we also receive annual grants from the Parish Council and the 3 Parishes Big Local. The rest of the cost is met from donations – always welcome – either through the collection boxes in Stans and the Centre or by people simply giving us money or cheques. Please feel free to join them!

If you know some one who has a business or service looking for new customers in the village who might want to advertise in **Village Life** please let us know in the same way as outlined above.

John Stevens (Chair of the Editorial Committee)

.....  
**If you wish to submit an article or advertise in the next publication  
please email it to [stmartinsvillagelife@gmail.com](mailto:stmartinsvillagelife@gmail.com)  
by no later than Friday 18th September 2015**  
.....

**Disclaimer:** Whilst we make every attempt to ensure the accuracy and reliability of the information contained in these pages, errors may occur. Village Life Magazine will not be held responsible for loss, however arising, from the use of or reliance in this information. The full text of this disclaimer can be found on

[www.stmartins-online.org.uk/villagelife](http://www.stmartins-online.org.uk/villagelife)

This publication will be delivered FREE to every household within the Parish of St Martins.  
Should you not get one please email  
[stmartinsvillagelife@gmail.com](mailto:stmartinsvillagelife@gmail.com)

**There is a large print version at the St Martin Centre  
for people with sight impairment.**

# **Parish Council**

## **From the Chair**

Hello Everyone.

Hope you are all finding time to relax in the sunshine.

Your council continues to enhance the look of the village, you may have noticed that the flower planters are at long last up on the streetlight poles and looking very colourful. The criteria we had to follow was to use only poles that were metal and that had no other signs on them.

We have to thank the committee of the Summer Fayre for their kind donation of the planters and the Parish Council is very happy to support the project by planting them up and watering them for the rest of the season. It has to be said that it is late in the season for these planters, but it has taken a lot more organising than first thought. Our thanks also go to the two intrepid guys who worked a very long day but finally got all 40 brackets on 20 posts up and secure. Next year we will aim to get them up around about May/June.

We are looking for quotes for the planting and watering for next year. If you are in a position to plant up 40 holsters, put them in situ and take them down at the end of the season, or if you are able to water, feed and dead head the plants for about 4 months from May/June to Sept/Oct, then drop a written quote into the Centre by no later than the end of February 2016.

I am sorry to say that the fight over the planning permission for Cottage Lane has failed and over the next 4/6 months you will see a big hole appear in the hedge and the start of the development of 8 houses and 2 bungalows. The public footpath that runs along the bottom edge of the site will be protected and will remain accessible throughout the building works.

There has been a step forward in the development on Rhos-y-Llan Farm. This development could be some years away, but it has the potential to be a very innovative project. A rural plan for a rural village, one to which many will want to aspire. There is a plan at the Centre if anyone wishes to view it.

# **Report from St Martins Parish Council Clerk**

At the July meeting of the parish council, Cairan Dillon, Development Manager from Lightsource Renewable Energy Limited, was in attendance to present the idea of a solar farm at Pentre Farm, which is located next to Ifton Meadows nature reserve. At the moment they have no agreements in place and are at an initial feasibility stage, but they have run their own internal planning assessment and believe this is the best approach to move forward. Cairan Dillon added that there is an opportunity to develop a solar farm which will incorporate a biodiversity management plan to suit the adjoining nature reserve and provide yearly funding in order to enhance, improve or benefit the Ifton Meadows nature reserve. This could amount to between £500 to £1,000 per year over a 20 year agreement period.

Councillors noted that a similar application had just been turned down in Gobowen and expressed concern over the close proximity to the nature reserve and access to site from a narrow lane during the construction period. Planning permission will need to be applied for.

The only planning application considered was for the erection of a two storey side extension at No 1 Belmont Bridge, Henlle, Gobowen, Oswestry, Shropshire, SY10 7AY (Ref: 15/02302). Members made no comment on this application.

PCSO Cara Fairley from West Mercia Police attended the meeting and updated Councillors on the latest crime figures for June. Concern was passed onto Cara over vehicles parking on pavements at New Ifton, Greenfields and outside The Keys PH. Speed issues were still a concern but PC Kate Le'Clere had reported that she was now looking at starting up a community speed watch for her area. This would involve training up volunteers to use speed guns in selected areas and report back the findings to the police. Concern was also expressed over vehicles overtaking at speed on the double white lines down Moors Bank.

On recreation, the Church Fields site is now complete and open for use. After consultation with local young people a multi user games area (MUGA) will be installed in early August adjacent to the Community Centre in St Martins. Improvements have also been made to the football field at the back of Stans Superstore by removing all the damaged railing around the area and cutting back the hedge along the rear boundary.

The parish council have agreed a design for a bus shelter in Oak Drive which will need Shropshire Council approval for the location. Following approval from Shropshire Council 20 street lights have now had hanging baskets fitted to them along Overton Road.

The parish council have also agreed on a new website provider to enable the public to access more information on the work of the parish council.

Following the recent resignation of Helen Williams there was no request for an election to fill this vacancy. However Councillors were encouraged that a number of local residents showed an interest in filling this vacancy and as a result Mrs Lesley-Anne Roberts of Overton Road, St Martins has been co-opted to fill this casual vacancy.

The next meeting of the parish council will be held on Thursday 10th September 2015 at 7.00 pm in The Moors Community Centre.

Edward Davies FILCM, St Martins Parish Clerk.

## **Current Parish Councillors**

Dan Anderton	0787 555 7802
Ashley Allum	01691 770042
Gordon Fryer	01691 774520
Neil Graham	01691 778427
Mark Hayball	01691 770207
Brian Herbert	01691 772647
James Hoos	01691 661218
Alison Kynaston-Jones	01691 777671
Duncan Laing	07702 991 845
Brian Latham	01691 772890
Glenn Pennington	01691 778477
Lesley-Anne Roberts	01691
John Sands	01691 772394
John Stevens	01691 770677
Sue Schofield	01691 777710

# Shropshire Council

**Councillor Steve Davenport**

Unitary Councillor, St Martins School Governor, Chair of St Martins Centre Trustees

Please call or email me if you have any queries

Tel: 07776 173678 Email: [steve.davenport@shropshire.gov.uk](mailto:steve.davenport@shropshire.gov.uk)

Now the summer is truly here and I hope you agree that the new flower baskets are improving everyone's view of the village, thanks need to go to the Parish Council and Alison Kynaston Jones for those.

I'm working on trying to get funding from the community speed watch team to help reduce speeding within the Village,

I really don't want to spread doom and gloom but councils are coming under continued pressure from central Government to cut cost, just so you all know I will continue to do my best to make sure St Martins gets its fair share of funding .

There has been lots of planning issues, some we lost to developers, but we do try and control it in a managed way to keep the Village as a Village,

Please don't hesitate to call me, or leave a message with Sue Schofield at the centre.

~~and I will get back to you.~~

Councillor Steve Davenport

## **FAMILY FUN DAY**

## **AT THE IFTON MINERS**

## **SATURDAY 22<sup>N</sup> AUGUST**

### **FOOTBALL MATCH 10AM BEHIND STANS**

### **FUN DAY AT 12 NOON**

**BOUNCY CASTLE**

**SIDE STALLS**

**REFRESHMENTS**

**RAFFLE**

**EVENING DISCO & LIVE BAND**



# **St. Martins Parish Church.**

## **The Benefice of St. Martins and Weston Rhyn.**

**Church Website:** [www.stmartinsparish.co.uk](http://www.stmartinsparish.co.uk)  
**Contact** Revd Stuart Jermy - [sjvicar@btinternet.com](mailto:sjvicar@btinternet.com);  
**Tel:** 778 468; **text** 07766 255436

### **What's been happening**

**Confirmation Service with the Bishop of Lichfield:** Bishop Jonathan came to join us in June for a confirmation service and baptism at our sister church St. Johns Weston Rhyn. This was his last time with us as he is retiring after the summer.

**Church family Snowdonia walk - Saturday 4th July:** Members of the church were rewarded with some clear views after a stiff climb to the top of The Glyders, whilst others braved the rain on a shorter and flatter walk round the lake below. We are hoping to do some more walks soon- anybody interested - let Rev Stuart know.

### **Future Events**

**Sunday FIRST service** - August 2nd is not in the church - we are having a **BBQ at the Vicarage** from 12:30pm onwards. Bring something for the BBQ - and something to sit on.

**Afternoon tea and chat** - Sunday 20th Sept. at 3:00 - 4:30pm

Join us in the Chapter House (next to the church) for the first of a new regular event, with scrumptious cakes, sandwiches and as much tea/coffee as you can drink. You bring the conversation. Cost £4. We are hoping to do one every month. Please let us know if you would like to join us - contact Mrs Sands on 772 394.

### **ALPHA Course - Introduction to Christianity Evenings - GOT ANY QUESTIONS ?**

We want to run a series of evenings for people wanting to know more about the Christian faith. Come join in the discussions and share your experiences with others. See notices for details.

### **Weekly Events and Service times**

**Sunday:** 9:30am our usual Morning Worship Service

**First Sunday of the month** 11:00am Sunday FIRST our monthly Family Service. A short service with music, story and prayer and afterwards into the hall for coffee, cake and some craft activities. This service is popular with all ages but is great for young children and their parents.

**Tuesday** Coffee morning at 10:30 in the Chapter House

**Wednesday** 9:30am Mid week communion - *this service will not take place in August.*

**Fridays** 7:30 St. Martins and Weston Rhyn Church youth group - ring for details.

There are various home bible study groups that take place at different times - please ask if interested.

### **Weddings - Baptisms/Christenings**

It doesn't cost anything for a Christening service and can be done during morning worship or in the afternoon.

*It is never too late to get baptised or confirm your own infant baptism. Perhaps God is calling you to do this this year.* Speak to the Vicar if interested.

### **Mistake in the last VL article - St. Swithuns day**

Apologies for misleading you - the last article should have said the Saints day was 15th July not June. You may have noted that it was a dry day!



# St Martins Methodist Church

(Ellesmere Road)

Minister: Rev. Heather Wilson 01691 769164

**Thursday Coffee Mornings 10.30 - 11.30**

Come along and join us for coffee, biscuits & a chat.

The Chapel Community Garden (lovingly tended by the Brownies) has produce ready to pick. Please help yourselves but also sit and enjoy the flowers

	2nd August	9th August	16th August	23rd August	30th August
<b>St Martins</b>					11.00
<b>10.00</b>	AWT	Wilson HC	AWT	Shoreman	@ Chirk
<b>Moors</b>					
<b>11.00</b>	AWT	Wilson HC	AWT	Shoreman	@ Chirk

Harvest Festival Sunday September 27<sup>th</sup> 10.00.

Rev Andrew Evans.

Harvest Supper Monday September 28<sup>th</sup> 6.30.

## **Ifton Beech Shropshire Sheep**

1/2 Lamb (butchered) £65.    1/2 Hogget (butchered) £70

Sausages £5.50/kg.    Mince £6.50/kg

(small packs available)

**Available September. Call now to order.**

**01691 774097**

*Fully traceable local meat.*

# **Bogus traders**

## **Beware of bogus traders**

Bogus traders operating door-to-door will often take advantage of poor weather conditions to offer their services, including flooding and high winds, which may have caused damage to your property.

Otherwise they may try and point out 'problems' that don't actually exist. Such traders can be extremely persuasive and elderly and vulnerable people are often targeted. Low prices are quoted, but as the work starts the price tends to increase.

In most cases the work is done to a very poor standard, leaving the owner facing a second bill to have the work redone properly. They use a variety of sales pitches to get you to agree to having work done. These include suggesting that the property, if not repaired, will be dangerous and may cause additional problems to the structure of your home or putting a time restriction on the offer to hurry you into making a decision.

The work will normally be done immediately, before the householder changes their mind, and very often any information provided by the workmen (names, addresses, telephone numbers) are false, making them very hard to trace.

How to protect yourself from bogus traders:

- don't be forced into making a quick decision on the doorstep
- get at least three quotes from local reputable companies who have reputations to maintain, and if possible seek recommendations
- only deal with firms with genuine verifiable telephone numbers and addresses - beware of companies that only use mobile phone numbers and accommodation addresses
- anyone who signs a contract on the door step following a visit that was not arranged (unsolicited) does have 7 days in which to cancel it by law
- all cancellation rights must be provided in writing to the customer at the time the contract is agreed, usually on the doorstep - it is an offence not to do so
- if you don't want to speak to the trader don't open your door to them - it can be hard to distinguish the good traders from the cowboys so it might be easier to keep the door closed
- do not allow uninvited callers into your home
- refuse to be taken to the bank to withdraw money - if you ever feel intimidated by them, close the door and call the police

PC 3718 Le'Clere

Safer Neighbourhoods Officer - Oswestry Rural North

Tel: 07792 774024 or 101 to report Crime

999 in an emergency.

# **St Martins Allotment Association**

Now is our time. Time for us to reap the rewards of our labours.

Once you have tasted freshly picked strawberries you will avoid 'shop bought' ones. I am getting quite good at finding different ways of serving them. A favourite is strawberry mousse on a biscuit crumb, or serving them fresh on breakfast flakes. Yum! I will try the same with raspberries as I have got a real glut of them ready to be harvested

New potatoes just out of the ground are divine. I am told that small broad beans served with crispy fried bacon are delicious.

Freshly hulled peas have such a different flavour to the frozen variety.

I had so much rhubarb, I was giving it away to my neighbours, which they really appreciated.

Salad crops are amazing. Lettuce, spring onions, carrots, cucumber, rocket, radish all keep coming.

All this delicious food makes all the efforts of digging, sowing, watering, weeding and netting so worth while.

Next we are planning to have a barbeque there, when we will all contribute to the food. I love my allotment and all the friends I have made there.

Val Williamson



## **PENSIONERS SPECIAL**

**Available Mondays\* & Tuesdays from 11am**

**Includes Roast Dinner & Sweet**

**All for only £4.29**

\*NOT AVAILABLE ON BANK HOLIDAY MONDAYS



## **Thanks to STaR Housing, the St Martins Centre Community Garden has a new seat.**

The old benches had become rotted and uncomfortable to sit on and needed replacing. The new bench is a robust seat, with fully recycled end support and slats. It is durable, weather-resistant and low maintenance and so should last considerably longer than the old wooden

benches. STaR Housing supports community projects like this through their Community Chest Fund. If you have a project in mind contact Lindsey on 01743 210206.

St Martins Centre Trustees are always looking to up-grade the facilities at the Centre indoors and out and we are very grateful to STaR Housing for the £500 towards this seat. Over the next few years we would like to generate the money to put another 3 or 4 more seats in the garden, just like this one.

The raised planter has failed and after lots of discussion we have now come up with a plan of action. We will remove the soil etc. and place a Hop-Scotch base made out of concrete slabs in it's place.

There are lots of maintenance jobs needed doing around the Centre. The exterior needs repainting, the gable ends need repairs to the roof, the boards around the flower beds are failing and need replacing and the front door frame has split again. If you can help with any of these jobs, whether it is to give us a competitive quote or some of your time, please do get in touch with the Centre manager on 770204 or email [stmartindcentre@mail.com](mailto:stmartindcentre@mail.com).

The Centre is a charity (Charity No. 1077782) and our running costs come from the hire of the rooms, fund raising and applying for grants. Please do support us wherever you can.

## **Dates of fund raisers**

**August 2nd      Car Boot Sale**

**October 3th      Family Night Out with  
Bar-B-Q**

**November 19th    Antique Evaluation Day**



# **ST MARTINS COMMUNITY FIRST RESPONDERS**

In June John and I ran a very enjoyable first aid course in St Martins.

I have campaigned for First Aid to be included in the national curriculum so that every schoolchild in the UK would have life saving knowledge. The plea has been unsuccessful, though, so it was good to see an interested group of adults wanting to prepare themselves for an emergency.

Under the umbrella of the Three Parishes Big Local, we held two 2 hour sessions in the Village Centre (the ideal venue) on Sunday afternoons. No connection with any other organisation, no certificate, no charge.

The first session was all about the most likely events to happen in the home, e.g. burns and scalds, cuts and grazes, falls, nosebleeds, etc. We talked about when to call 999 and when not to, what other options are available when you need help, the contents of a home first aid kit, and how to help ourselves.

That session ended with an entertaining short video from the British Heart Foundation about what it is like to have a heart attack.

Two weeks later we met again for the second part of the course, the life threatening situations which are very, very rare but which need immediate action. Choking is the most common, but we also covered the unconscious patient, someone who is not breathing, and the serious bleed. Everyone had a go at CPR on the mannequins, and discovered how exhausting it is to carry out! Much more fun was opening the airway and turning each other over into the Recovery Position.

The 3P Big Local has asked us to repeat the course in the other parishes so after the summer we will be visiting Gobowen and Weston Rhyn/Selattyn. Anyone who missed the St Martins course but would like to join in should watch out for dates and venues as everyone is welcome even if they don't live in that parish.

Effie CFR

# Magic Pills 5

The summer marches on and once again my magic pill friend (I hope you're following this) demonstrated nicely the final of the NHS Five steps to health and well being. **"Give"**. What he gave was a fish and very tasty it was too. He had caught it and on reading of my injury brought it to me. Both a much appreciated gesture and a much appreciated meal.

Other people in the village give too – in so many ways. One good example is that of the three Community First Responders who between them provide excellent round the clock immediate care in emergency situations. They are volunteers so give of themselves freely. Others run various clubs too many to mention but providing fun, help, education, exercise and interest to so many of our neighbours. Those who volunteer often state how much they gain from the experience too. Could you do the same?

I hope I have inspired you to follow the five steps to health:- **Connect, Be Active, Take Notice, Keep Learning and Give**. There is evidence to show that following these on a regular basis will really improve your health and well being.

So much better than a magic pill!



**THE KEYS**  
ST MARTINS

**Monday Night Curry Night 5pm-8pm**  
Curry and a pint £8.50

**Tuesday Night Fish Night 5pm-8pm**  
Beer Battered Cod, Breaded Plaice, Scampi or Salmon and a pint £9.95

**Wednesday Night Steak Night 5pm-8pm**  
Rump Steak and a glass of wine of your choice £12.00

**Thursday Night Sizzler Night 5pm-9pm**

**HAPPY HOUR TIMES MONDAY—FRIDAY**

**2PM-6PM**

<b>Fosters</b>	<b>£2.50</b>	<b>Guinness</b>	<b>£2.70</b>	<b>Real Ales All £2.50</b>
<b>Carling</b>	<b>£2.50</b>	<b>John Smiths</b>	<b>£2.20</b>	
<b>Carling premier</b>	<b>£2.70</b>	<b>Worthington's</b>	<b>£2.10</b>	
<b>Wrexham Lager</b>	<b>£2.50</b>	<b>Strongbow</b>	<b>£2.70</b>	



# **St Martins 3rd Annual Show**

**At St Martins Centre**

**Saturday September 12th 2015**

Competition Entry 20p  
(Children's Competitions Free)

Spectators 50p (Free entry to Draw)

Refreshments available

Door open for exhibitors 8:30am

Judging 11am – 1 pm

Doors Open to Public 1:30pm

All entries must be booked in on  
Friday 11th Sept Between 5:30 - 7:30pm  
at St Martins Centre

At least 24 prizes in the Raffle, drawn on the day

Rules governing the Top Vase and Top Tray can be found at  
St Martins Centre



Below is a list of classes for this years show. Please remember that you will need to book your entry into the Show on Friday 11th September 2015

Class No	Section A: Vegetables	Class No	Section B: Flowers and Plants
A1	3 Potatoes	B20	5 Dahlias Pompoms (any size)
A2	4 Runner Beans	B21	3 Dahlias (decorative)
A3	3 Onions (under 10oz)	B22	1 Dahlia (large)
A4	3 Onions (over 10oz)	B23	3 Dahlias, Cactus or semi Cactus
A5	6 Shallots	B24	A specimen HT Rose
A6	1 Pumpkin	B25	3 Gladioli
A7	3 Leeks	B26	6 Sweet Pea Stems
A8	3 Carrots (tops trimmed and tied)	B27	1 Vase of flowers(5 stems 1 variety)
A9	3 Beetroot(tops trimmed and tied)	B28	3 Hydrangeas
A10	3 Courgettes (not over 150mm/6")	B29	Pot plant (flowering)
A11	1 Marrow or oversized Courgette (heaviest)	B30	Pot Plant (foliage)
A12	1 Cucumber	B31	1 Cactus or Succulent
A13	Any Brassica	B32	Fuchsia in any size pot
A14	4 Tomatoes (any variety)	B33	Pelargonium (Geranium-upright only)
A15	3 Cooking Apples	B34	Flower arrangement in a teacup and saucer
A16	3 Dessert Apples	B35	Top Vase (5-10 stems, at least 2 varieties)
A17	Any other 3 Fruits (same variety)		
A18	Any other vegetables (same variety)		
A19	Top Tray of 3 vegetables (from a list of 15)		
Class No	Section C: Children's	Class No	Section D: Photographs
	(open to children aged 11 and younger on 1st September 2015, age to be stated on exhibit.)		(unmounted and unframed, max 7" x 5")
C36	Seaside in a Seed tray	D41	Photograph of a Local Scene
C37	Painted Stone	D42	Photograph of a Flower
C38	Animal made of vegetables	D43	Photograph of a Garden
C39	3 Decorated Cup Cakes	D44	Photograph of Wild Life
C40	Picture any medium Theme 'Super Hero's'		
Class No	Section E: Cookery	Class No	Section F: Craft
E45	Victoria Sponge/Sandwich cake (Jam filled & Caster Sugar Topping)	F53	Any Crochet Article
E46	Fruit Cake	F54	Any Knitted Article
E47	3 Sultana Scones (2" cutter)	F55	Any Patchwork/Quilt/Applique
E48	3 Homemade Biscuits	F56	Any Tapestry/Cross stich
E49	3 Decorated Cup Cakes (Adult Class)	F57	Any Other Embroidery
E50	Homemade Jar of Jam	F58	Handmade Greetings Card
E51	Homemade Jar of Chutney	F59	Art (Painting or Drawing)
E52	Man Cake (must be made and decorated by a MAN)	F60	Any Other Craft

## Food For Thought

We thought it was time for a change of cuisine. As The Lodge at Weston Rhyn had been recommended to us we decided to give it a try.

We arrived about 7pm, to find it quite busy which is always a good sign on a Tuesday. Another welcoming sight was that Stonehouse Station bitter was on offer. Then the big disappointment! The beer was very poorly kept. On complaining I was told it was how they were told to keep it. I told them they must have misunderstood. I just put it down as a teetotaler (his words) not understanding real ale.

Back to plusses, and there were many. It was a special four course menu at £8.95 served on Tuesdays and Wednesdays. There was a very good choice. We had plain poppadum's and pickles which were part of the four courses. My wife chose Chicken Chat, and a very good portion it was. I had Onion Bhajis. They were flatter than normal so were cooked right through and not stodgy like some, wonderful. For the main course my wife chose Chicken Tarka (which we had never heard of) which came with rice and was a really large portion and I chose Chicken Tikka Shashlik Balti, again a dish we hadn't heard of. I opted for lemon rice and my wife had an excellent plain Nan. All were within the four course special price. The whole meal was wonderful and having given up on the Station Bitter, I washed it all down with Cobra. A great night and my wife drove home.

Next time, and there will be one, I suppose I'll have to drive!

### **The Village Life Foodsmith**



### Ifton Beech Shropshire Sheep

## **Lamb & Hogget**

$\frac{1}{2}$  boxed, joints, sausages, mince


**Call 01691774097 to order**

Fully traceable meat

# July Quiz


1. What is a Cheongsam?
2. In which modern-day European country is the duchy of Valois?
3. What type of creature is fringelip blenny?
4. Who is the England cricket vice captain?
5. The Bass Strait separates Australia from which island?
6. Who was the Man of the Match in the first Test Match at Lords England v New Zealand this year?
7. What is the base sauce for Sauce Béarnaise?
8. How was T. E. Lawrence better known?
9. In which year was the first episode of Coronation Street broadcast?
10. Which gas makes up about 78 per cent of the air we breathe?

Answers on page 16.



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CGL Homes Ltd are pleased to be working with Wrekin Housing Trust and the St Martins Parish Council to build much needed affordable housing in St Martins.



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Of making or updating  
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# Dean Lewis

St Martins

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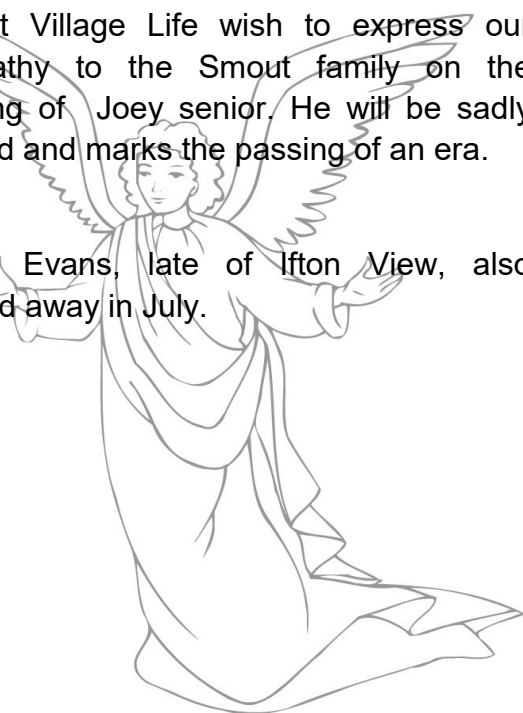
**Answers July  
Quiz page 15**

1. Dress
2. France
3. Fish
4. Joe Root
5. Tasmania
6. Ben Stokes
7. Hollandaise Sauce
8. Lawrence of Arabia
9. 1960
10. Nitrogen

# Condolences

We at Village Life wish to express our sympathy to the Smout family on the passing of Joey senior. He will be sadly missed and marks the passing of an era.

Joyce Evans, late of Ifton View, also passed away in July.



## Pretty Vintage

### HOLISTIC & SPIRITUAL THERAPIES

At Pretty Vintage, we are focused on providing holistic and spiritual services with the highest levels of customer satisfaction & we will do everything we can to meet your expectations.

We take pride in offering a non judgmental service where people from all walks of life can come and enjoy our services in a private and relaxed environment, with a variety of offerings to choose from, we're sure you'll be happy choosing us!

#### Treatments available:

Indian Head Massage

Full Body Massages 45min/75min i.e. Hot Stone, Aromatherapy, Luxury 2 person, BNS, etc....

Luxury Facial Treatment, Hopi Ear Candling, Reiki Treatment  
Tarot Readings

#### Other Treatments & Offers available

"Working for the NHS or Local Councils receive a 20% discount on holistic treatments. Also 20% pensioner discount available"

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St Martins, Oswestry SY11 3AZ**

# St Martins Centre

# Be a friendly face with CHUMS Befriending



Do you like chatting over a cup of tea?

Can you spare a couple of hours a week?

A cup of tea and a chat can make a massive difference to someone who can no longer get out and about like they used to.

Having a helping hand with the weekly shop can help someone to carrying on living independently in their own home.

Local charity, CHUMS Befriending is looking for anyone living in Shropshire who can spare a couple of hours a week to visit someone in their community.

For a small commitment of 2 hours a week you could help to transform the life of someone in your community. There are currently over 55 people across Shropshire who volunteer as CHUMS Befrienders but there are still people waiting to be matched with a volunteer. CHUMS Befriending is able to give full training and support and can pay all travel expenses.

If you would like to find out more about becoming a Befriender please call Connie on 01691 658008 or email her at [connie@chumsbefriending.co.uk](mailto:connie@chumsbefriending.co.uk).



**NSPCC**  
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Chirk Branch NSPCC/ChildLine

## Open Garden and Antique Valuation Day

Brynkinalt Hall, Chirk

by kind permission of Iain and Kate Hill-Trevor

**Saturday 8 August 2015**

10am – 4pm



**Entrance: £4, Children Free**

Homemade Teas, stalls, plants and raffle

**Valuations by Byrnes of Chester**

**Valuations: One item £4 or three for £10**

For directions, please see website – [www.brynkinalt.co.uk](http://www.brynkinalt.co.uk)



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## FITSTEPS



Due to lack of response FitSteps the new way to exercise using dance moves (Strictly Come Dancing style), have now, regretfully, stopped in St Martins.

However, if enough people come forward and register their interest, there maybe a possibility that a new class could begin in September.

If you are interested in becoming part of this new way to exercise please

telephone

Michelle on 07590 632050

or email

[love2danceclasses@hotmail.co.uk](mailto:love2danceclasses@hotmail.co.uk)

## **What's on in August!**

<b>Date</b>	<b>Event</b>	<b>Venue</b>	<b>Time</b>
Sat 1st	Oswestry Show	Park Hall	Opens at 10am
Sun 2nd	Car Boot Sale	St Martins playing field (behind Stans)	9am -1pm
Sun 2nd	BBQ	St Martins Vicarage	12.30
Tues 4th	WI Annual Outing	Stoneyford Gardens	depart 9.30am
Tues –Sun 4th—9th	19th Century Fashion Week	Blists Hill	10am
Sat/Sun 8th/9th	Mortimer's Fortress with Re-enactors	Chirk Castle	
Sun 9th	Car Boot Sale	Whittington Castle	9am - 12noon
Fri/Sat 14th/15th	Shrewsbury Show	Quarry Park Shrewsbury	10am
Sun 16th	Teddy Event Castle Teddy Stunt Team	Whittington Castle	10am - 4pm
Sat 22nd	Fun Day Football Match	Ifton Miners Institute Playing Field	12noon 10am
Sat/Sun 22nd/23rd	"Reluctant Dragon" - a play	Chirk Castle gardens	11am, 1pm and 3pm
Fri-Sun 28th - 31st	World War 1 1915 Exhibition	Whittington Castle	10am - 4pm
Sun 31st	Car Boot Sale	Whittington Castle	9am - 12noon



## **What's on in September!**

<b>Date</b>	<b>Event</b>	<b>Venue</b>	<b>Time</b>
Tues 1st	WI Memoirs of the Brittanica	Ifton Miners Institute Lounge	7.30pm
Sun 6th	Car Boot Sale	Whittington Castle	9am - 12noon
Thurs 10th	Parish Council meeting	Moors Community Hall	7pm
Thurs/Fri 10th/11th	Guided Tour of the Castle	Whittington Castle	12noon - 2pm
Sat 12th	Grow it, Make It, Show It, Show	St Martins Centre	1.30pm
Sun 13th	Medieval Living History Encampment	Whittington Castle	
Sat/Sun 19th/20th	Medieval Weekend	Chirk Castle	All weekend.
Sun 20th	Afternoon Tea & Chat	Chapter House, St Martins	3pm - 4pm
Wed 23rd	Gardeners Walk (45 minutes. Free, but must be booked in advance)	Chirk Castle	1pm start
Sun 27th	Car Boot Sale	Whittington Castle	9am - 12noon
Wed 30th	Ramblers Walk (2 hours. Free, no advance booking needed)	Chirk Castle	1pm start

Please let us know the time and date of events in August and September for the next edition of Village Life by no later than

**Friday September 18th 2015.**

If you send us an article for the next edition, please bear in mind that it will be delivered in early October, so any events you report on will have happened before then. If you want to mention any upcoming events or activities make sure they are in October and November (or later).



**St Martins School**  
3-16 Learning Community

# Summer Holiday Club



Mon 20<sup>th</sup> July to Fri 24<sup>th</sup> July

Mon 27<sup>th</sup> July to Fri 31<sup>st</sup> July

Mon 3<sup>rd</sup> Aug to Fri 7<sup>th</sup> Aug

Mon 17<sup>th</sup> Aug to Fri 21<sup>st</sup> Aug

Mon 24<sup>th</sup> Aug to Fri 28<sup>th</sup> Aug

Closed: Mon 10<sup>th</sup> Aug to Fri 14<sup>th</sup> Aug

Cost:

£18.00 per Full Day Session

£85.00 if Whole Week booked

£10.00 per Half Day Session

(a.m. or p.m.)

TEL: 01691 776500 OR 01691 74419

EMAIL:

[sportscentre.manager@stmartins3-16.org](mailto:sportscentre.manager@stmartins3-16.org)

OR [reception@stmartins3-16.org](mailto:reception@stmartins3-16.org)



## St Martins School

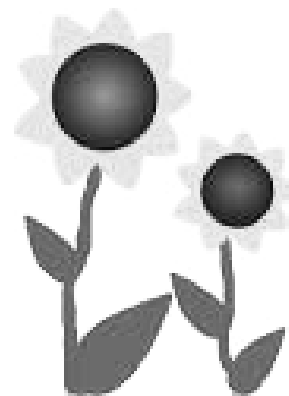
We have recently launched a 'Walking Bus'. The idea behind it is to encourage more pupils to walk to school. The bus currently operates once a week on a Tuesday morning, leaving Stans at 8.30am. It is hoped that in the future we will be able to increase the number of days it operates. We have also organised cycle training and road safety training for some of the pupils in the Primary Phase.

Contact = Carol Jones Assistant Headteacher – Primary Phase





## Have YOU grown the tallest sunflower?



The Allotment Society sent out a challenge to everyone who lives in St Martins asking who could grow the tallest sunflower.

We provided some free seeds so that everyone had the same chance.

Now is the time to find out if you are the winner of your category.... Have you watered and nurtured your plants?

The allotment society will be measuring the giant flowers on September 5 and 6, the weekend before the Make it Grow it Show it show. We'll contact you in advance to arrange an approximate time\* – and truly hope that YOU will be the winner of one of the four categories.

Happy watering!



If we have not contacted you by the evening of Thursday September 3, please contact us on 778568. Leave a message and we'll get back to you.

Leslie Younger

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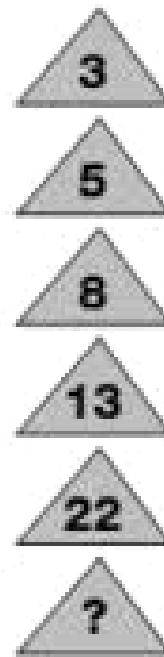
01978 710709 - Tel

07952913440 - Mob



## SUDOKU

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Saturday - 09:00 - 13:00



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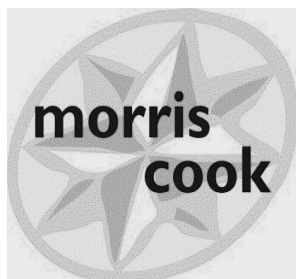
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## Walk to New Marton Top Lock.

New Marton Lock and its associated structures and buildings is typical of the Llangollen arm of the Shropshire Union Canal and has changed little since construction in 1796. New Marton Top Lock is the final lock of the canal's climb from the Cheshire plain at Hurleston to Llantysilio beyond Llangollen.

The canal is unusual in having a continuous flow to Hurleston because it is used to convey drinking water 45 miles from the River Dee at Horseshoe Falls to a storage reservoir and treatment works at Hurleston from where it serves mid Cheshire. This part of the Llangollen Canal is busy from early spring to late Autumn and with luck, it will be possible to watch a boat working through.

Before leaving the lock, notice the lock cottages and their characteristic architecture. Note that at this canal bridge, a horse drawn boat would have to have its tow-line cast off to allow the boat to go beneath while the horse crossed over. There is an alternative design of bridge (called a roving bridge) which avoids this necessity.

From the St Martins Memorial Garden take Green Lane to the junction at the Church, turn right and after 250 metres, take the footpath to the left past Ashgrove nursing home. Follow the footpath through 6 kissing gates to the canal towpath. Turn left and take the towpath to New Marton top lock where the towpath changes from the east side of the canal to the west via the typical brick cross-over bridge.

Return to the east side of the canal and follow the waterside track past the cottage to two closely spaced gates leading into fields. Cross the fields diagonally to the left through three gates to Silverdale. Follow the drive past the house to the road and turn left to New Marton. From here the way back to St Martins is signposted.

### Cedar Close Community Room

#### Weekly Activities

<b>Mon:</b>	10:00 – 11:00 14:00 onwards	<b>Coffee Morning Cards</b>	Tea/Coffee, Biscuits, Raffle & Chat
<b>Tues:</b>	9:00 – 14:30	<b>Age UK</b>	Games, Armchair Keep Fit, Bingo, Handy Craft, Quiz etc.
	19:00 – 21:00	<b>Bingo</b>	including Raffle, tea/coffee
<b>Wed:</b>	14:00 – 16:00	<b>Craft Group</b>	Knit, Crochet etc.
	19:15 – 21:00	<b>Historians</b>	1st Wed of each month
<b>Thurs:</b>	12:00 – 14:00 14:00 onwards	<b>Funday Cards</b>	Tea/Coffee Games, Films etc.
<b>Fri:</b>	10:00 – 11:00	<b>Coffee Morning</b>	Tea/Coffee, Biscuits, Raffle & Chat
<b>Sat:</b>	14:00 onwards	<b>Cards</b>	
	19:00 – 21:00	<b>Bingo</b>	Including Raffle, tea/coffee

## Twenty-Eight Years

Meeting people who have been central to the life of St. Martins has been a joy and a revelation to me. The latest is Mike ter-Horst. Many people will be familiar with the story of Mike's father, a German prisoner-of-war who came to the Bank Top camp after the Second World War and stayed to find a wife and settle here. It's an amazing story and told so well in the book, 'Foreign Shores', written by Mike's brother-in-law.



Having read the book myself, what I find in meeting Mike feels to be not unexpected, a clear demonstration of the power of the gene. He has lived all his life in the house that his builder father built on the land given to his father by his father-in-law, Mike's grandfather. Mike went to St. Martins school, left to serve a motor-mechanic apprenticeship in Oswestry and then worked for his father in maintaining the machinery in his father's building business. Then, 28 years ago, came the opportunity to buy the garage business at the western end of St. Martins, and in spite of the fears of the bank manager, and a bumpy path till actual purchase, the self-belief, obduracy and the capacity to see potential that he clearly inherited from Dad, started Mike off in partnership with his father and his sister, Rose, on a journey he found hard work but very rewarding, from the outset a truly family business maintaining a long-established ethos. Until the business was fully established he was working twelve hours a day, often seven days a week.

I see four very important strands in Mike's attitude to the business. Being organised is the first, and no doubt the Teutonic gene has its part here! The next was the need to re-invest in the business, not rest on laurels, and this accounts for the development of the petrol sales office into a small convenience store, subsequently to have a licence for the sale of alcohol, both of which steps took careful and detailed planning and preparation. Again, being very determined, especially in the application for a drink licence was a crucial factor. The Horsts don't give in easily! Then came the proper treatment and valuing of employees, all of whom, Dave, Zakh, Lewis, Pat and Roy are still working in the business for the new owner, Darren Barker. Roy has been in the workshop for eighteen years and Pat in the shop for over twenty years. The last element is dealing with the public in a way that engendered trust, something that many motorists find difficult in the motor trade. Mike's axiom was, 'If nothing needs doing then we'll do nothing, and whatever does need doing we'll do it thoroughly and honestly.'

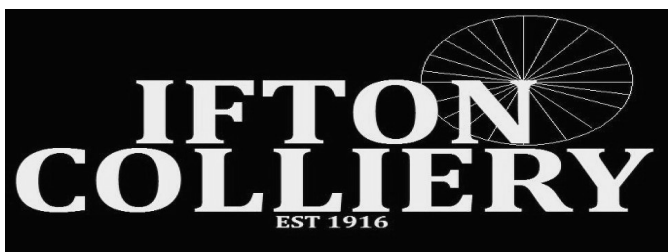


He acknowledges that some will have had complaints and that, inevitably, mistakes have been made, rectified wherever possible, and that people who had some dissatisfaction were unlikely to return. On the other hand, the business thrived because of his principles and also because, as I see it, Mike was always, and still is, one of St. Martins' own.

Customers were loyal, not simply because of the quality of service, but because the people who work in it are approachable and 'speak the same language' (and in the lovely Shropshire dialect that has beguiled my wife and me since we came to live here).

So, in Mike's own words, 'We have been blessed with nice staff and customers all the time we've been here.' I would say that clear boundaries and respect for people have a crucial part to play also. Children would be allowed into the shop one at a time! And these children grew up and later brought their cars for service and repair, and then their children.....! Mike says that in twenty-eight years he was late in opening up only four times and two of those were because of break-ins. So, this is the story of the local boy, brought up in rural Shropshire, an intrinsic part of a local community, bringing his skills, acumen and drive to make a business work, just as he makes motors work, but never losing sight of the human perspective. People are important, for whom things like cars, goods and service exist to foster. Mike still has his foot in the garage door, helping out for twenty-five hours a week, and no doubt available for know-how and, importantly, encouragement and a ready smile.

Don Borland



## **Ifton Colliery Band News**

On Friday 29<sup>th</sup> May the Band took part in the Famous “Whit Friday Marches” which are held across Tameside and Saddleworth.

A great night was had by all and the Band managed to pick up four prizes from 6 contests.

On Saturday 11<sup>th</sup> July the Band Travelled to Ironbridge and took part in the “Ironbridge Brass Band Festival” this is a great event held across the weekend which saw over 20 bands perform a 40 minute program of music. This was the first time the band has been invited to be part of this great event and the band played very well.

Performing a wide range of music including Lionel Richie’s “All night Long”, the band also featured in some solo numbers in the program. Rachael King, the bands soprano cornet player, performed “On with the Motley” and Lucy Arron with her vocals in “Feeling Good”.

The Band’s next engagements are Sunday 2<sup>nd</sup> August and Sunday 16<sup>th</sup> August in Oswestry Park as part of the council’s music in the park concerts. The band will be playing from 2pm till 4pm.

The Band is also busy now starting to prepare for the national finals in September. This will be the third time in three years the Band have made it through to the finals in Cheltenham.



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Supporting St Martins Centre

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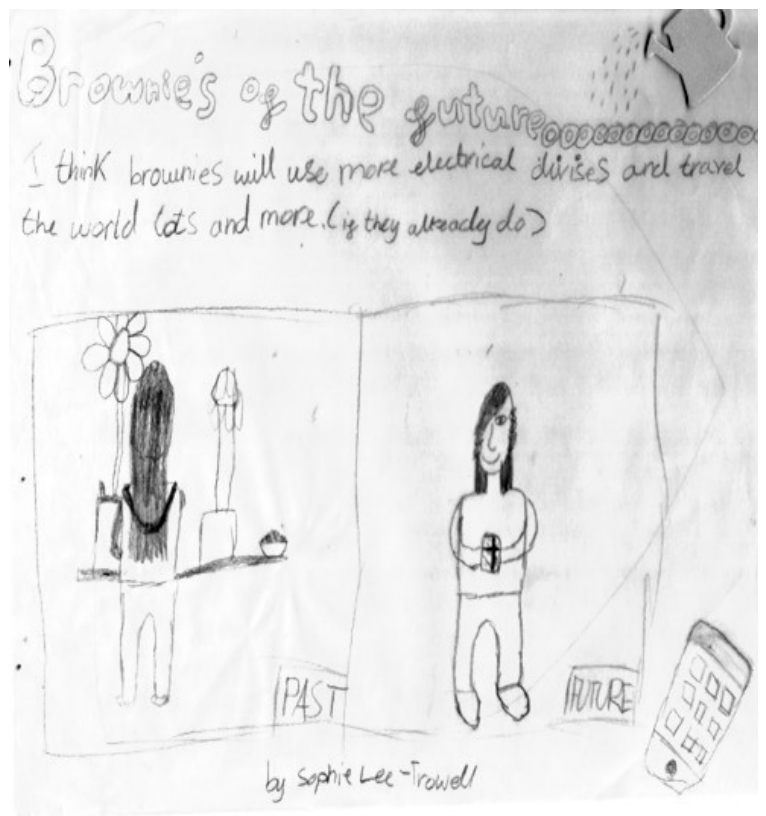
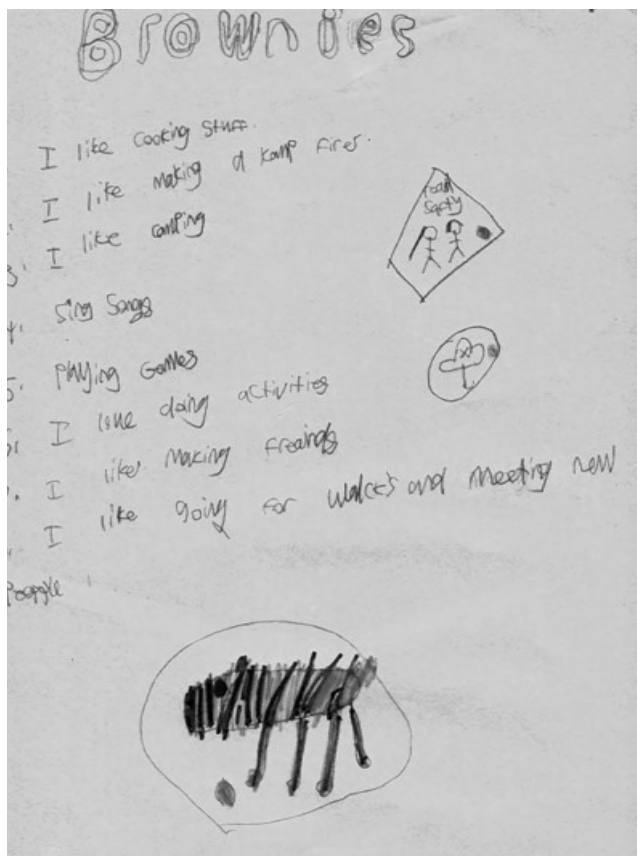
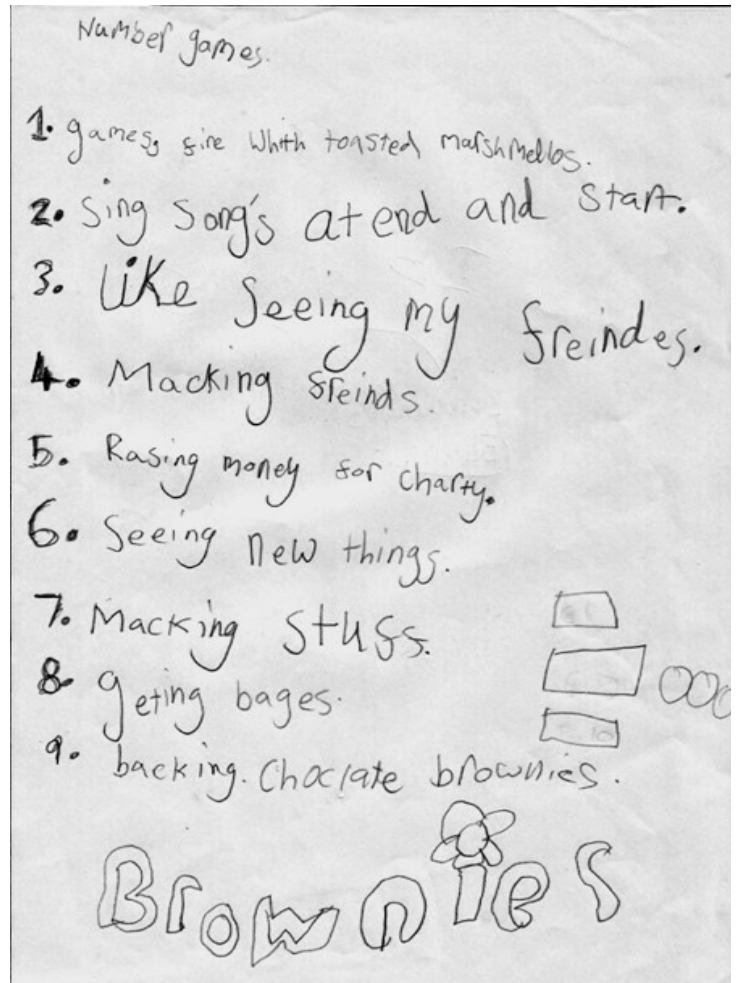
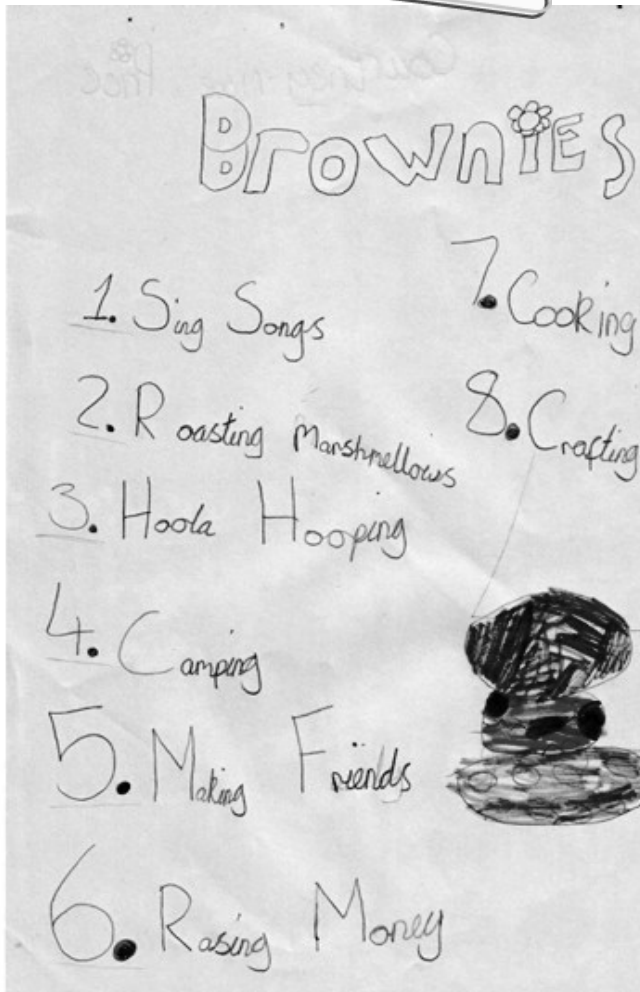
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Cherie Reynolds  
For further information

# Brownies

What do the girls like best about Brownies and what would they like to see in the future?



# Friends of Ifton Meadows

## Exploring Ifton Meadows 2



This month we are entering the site at the main entrance. Its proper name is the Colliery entrance.

For anyone new to the area, the reason it is called the Colliery entrance is because Ifton Meadows LNR is on the site of one of the spoil tips from Ifton Colliery which closed in 1968. In the area opposite the gate, you can see the scrap yard and various other businesses, some of which are housed in old colliery buildings.

Once through the metal gate, which gives access to wheelchairs with the use of a radar key, you will see a coal tub which was placed here in 1978 when the site was first opened. The tub was renovated by Premier Bodies for the weekend of events held in 2008 to mark the 40th anniversary of the closure of the pit. There is also a commemorative stone on the left.

Follow the path across the ditch and on up the incline to the top of the site where you will find a mosaic which was made by many of the organisations in St. Martins. Funded by a Lottery grant and organised and erected by St Martins Youth Club, this also marks the 40th anniversary. The centre blank stone circle of the mosaic was donated by Westminster Stone at Sodyllt.

If you visit between March and September you will see signs on the left requesting that you do not walk or exercise your dogs on the mound during this time because it is a breeding site for ground nesting skylarks. We are very fortunate that this endangered species gives us the benefit of their songs while we are walking along - a lovely sound on a quiet sunny day.

To the right are a number of indigenous trees and throughout the year you will see different types of wildflowers.

The climb to the top is well worth it for the view of the Welsh hills in the distance. Logs are set about for you to sit on and enjoy the view. There is wheelchair and pushchair access up to the mosaic, but it is a climb.

You have probably seen in the local press the problem we are having with inconsiderate dog owners. Please remember to bag and bin any dog poo. There is a bin at the main entrance for this. A little thought for others would be greatly appreciated by all users of the site.

**Diary Dates:** Monthly meeting Tuesday 11th August 7.30pm at St.Martins Centre.

Green Gyms - Sundays 9th August and 13th September, meeting at Colliery Entrance 1.30pm to 4pm

Thursday 17th September will be an open evening - Speaker John Hughes (Shropshire Wildlife Trust) Topic : Fungi - 7.30pm at St.Martins Centre entry £2.50.

Sunday 27th September (follow up to the fungi talk) a guided walk on Ifton Meadows, led by John Hughes. Meet at 10.30am at the Colliery Entrance/Ifton Meadows LNR entry £2.50

## Pharmacy First Minor Ailment Scheme

You will probably be aware that Minor Ailments Services have been discussed on a number of social media websites over the last month and we have had a lot of queries about the scheme.

'Pharmacy First' is the name of the Minor Ailment scheme in Shropshire that enables people to get medication for acute ailments free of charge without seeing their GP. You are eligible for the Pharmacy First scheme if you live in Shropshire and you are registered either with St Martins Surgery or another Shropshire doctor (Ellesmere, Oswestry etc) and you are exempt from prescription charges.

Minor Ailment schemes are designed to give people with certain minor conditions easier access to advice and medicines. They can see a qualified health professional at a convenient and accessible location within their community and it means that they do not need to wait for a GP appointment. Ailments covered by the Shropshire scheme include:

<i>Acute Pain</i>	<i>Headache</i>	<i>Temperature</i>	<i>Athletes Foot</i>
<i>Bites / Stings</i>	<i>Cold Sores</i>	<i>Colds / Flu / Nasal Congestion</i>	
<i>Conjunctivitis</i>	<i>Constipation</i>	<i>Cough</i>	<i>Cystitis</i>
<i>Diarrhea</i>	<i>Dermatitis / Dry Skin / Allergy type rashes</i>		<i>Hayfever</i>
<i>Heartburn / Indigestion</i>	<i>Haemorrhoids</i>	<i>Infant Colic</i>	<i>Mouth Ulcers</i>
<i>Nappy Rash</i>	<i>Oral Thrush</i>	<i>Scabies</i>	<i>Sore Throat</i>
<i>Sprains / Strains</i>	<i>Teething</i>	<i>Threadworms</i>	<i>Vaginal Thrush</i>

A person does not need to register beforehand and will have a consultation with the Pharmacist or member of pharmacy staff who will decide which medicines, if any, are appropriate. The Pharmacist can also refer you to the GP or other healthcare professional if they are unable to offer treatment. It should be noted that if the medication is for a child, that child needs to be present in the pharmacy for the consultation. Pharmacists can provide medication from a formulary for the conditions above choosing the most suitable treatment.

It should be stated that the scheme is targeted at those patients who are exempt from prescription charges who would normally visit their GP Practice for treatment of minor ailments. The service is not a chance to simply stock up on medicines free of charge. In England there is no national scheme and so the service, ailments covered and medicines allowed to be given on the scheme will vary by region across the UK and can cause confusion. The scheme is a great addition to the range of services St Martins Pharmacy has to offer and is intended to reduce pressure on GP's, freeing up their time for people with more complex medical complaints.

If you would like to know more about the scheme please feel free to drop into the pharmacy and have a chat with the pharmacist or alternatively you can telephone 01691 778873. Our opening hours are 9am - 6pm Monday to Friday and 9am - 1pm Saturday.

# "Lake Vyrnwy Half -Marathon?"

Come and join us.

Going to Lake Vyrnwy Half Marathon on Sunday September 13th 2015.

Fancy sharing cars?

After all we're all starting at the same time!

We have at least 5 (possibly 10) spaces available and are happy to take anyone wishing to come - participants and support alike.

If you're interested text me on 07951 921658 or call 778568. Ask for Helen.

It makes sense ecologically and community wise too. ( I'm hoping some one will start a St Martins running club)



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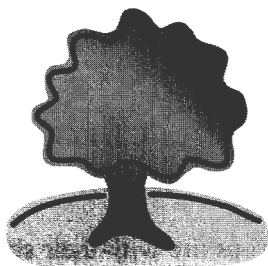
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## Len's Plaice

### Opening Times

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Tues	Closed	Closed
Wed	11:45 - 1:30	5pm - 9:30
Thur	11:45 - 1:30	5pm - 9:30
Fri	11:45 - 1:30	5pm - 9:30
Sat	11:30 - 2pm	Closed

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At our meeting on 2nd June President Shirley Willis welcomed everyone. The newsletter was read and various events discussed. 3 people will attend the Food Storage and Transportation event on 10th September. Pam read out Ann Sadler's report on the Annual Meeting at the Theatre Severn on 6th May. Names were taken for the Steam Rally to man the stall and to make cakes. Information about a free First Aid Course to be held in St Martins on 14th and 28th

June was read out. We need a cover for our forthcoming recipe book - anyone interested have their ideas ready to show at our July meeting and we will choose one. Angela will host another Oswestry Show meeting at her house on 9th June. Angela also gave us an account of her day attending a Royal Garden Party at Buckingham Palace. It was decided that we will have wine and cake at our September Autumn show meeting to celebrate the 100th anniversary of the start of the W.I. on 16th / September. West Felton W.I. has invited our members to go on their August 22nd trip to Hereford, cost £23.50. Joyce Sands informed us of a commemoration of 800 years of the Magna Carta to be held on 14th June, tickets £5. Our speaker for the evening was Dorothy Nicholle, a Blue Badge guide in Shrewsbury. Her talk was called "Don't you know there's a war on", in which she told of how the 2nd world war impacted on Shropshire and its people. She was thanked by Shirley Willis. After tea the parcels for the Derwen fete on 4th June were wrapped. The competition of a war time recipe was won by Debbie Shaw with Jean Lloyd 2nd and Alice Wilding 3rd. The exhibition of an old cookery book was won by Alice Wilding with Gwyneth Morgan 2nd and Ruth Dean 3rd.

At our meeting on 7th July our President Shirley Willis welcomed everyone. We discussed a number of invitations for outings and events we had received. Myfanwy Dulson gave us final details of our own outing taking place on 4th August to Stoneyford Gardens. Names were taken for our Group Annual Meeting at Whittington W.I. on 23rd September and 16 members will attend. Centenary Badges have been ordered for all our members. Our Centenary Cook book will hopefully be ready early September and we will be able to sell this during September. The proceeds will go to a charity. Ann Sadler gave a report and showed photos of her wonderful day at the Royal Garden Party at Buckingham Palace to celebrate the 100th anniversary of the W.I. She was suitably impressed by the Royal Party who mingled and spoke to many people. She wasn't the only one to have been in the presence of Royalty - we had a report and photos from our President Shirley Willis who was our delegate to the Annual General Meeting at the Royal Albert Hall. This was attended by The Queen, Princess Ann and The Countess of Wessex. Shirley said she had felt very privileged to be there on this special Centenary meeting. Our speaker this evening was Barbara Maitra who spoke and showed slides about her life in India where she lived for 15 years. As the English wife of an Indian in the 1950's she learnt a new language and adapted to a new culture. She is now a writer and she uses her Indian experiences in her stories. She was thanked by Alice Wilding. Our competition of a single rose was won by Sue Stevens, 2nd Jean Lunt, 3rd Shirley Willis. The exhibition of something Indian was won by Barbara Aston, 2nd Debbie Shaw, 3rd Shirley Willis. Our speaker for September 1st will be Andy Jones on Memoirs of the Britannia. This will also be our Autumn Show event.

**Our BIG headlines this month are that we have awarded the first grant from our BIG Grants Scheme and we have fundraising opportunities available for local community groups.**

We have awarded the first grant from our BIG Grants scheme to Wheels 2 Work, a scheme managed by Shropshire RCC that helps people get into or keep working by solving their transport problems. Wheels 2 Work started life in 1997 to help people in Shropshire find affordable & flexible transport to work, particularly young people looking for work for the first time, those returning to work after a long period or working for a low wage. Wheels 2 Work started loaning out mopeds and quickly grew in size and scope, inspiring schemes nationwide. Wheels 2 Work currently offer low cost scooter, electric bike or push bike loans along with transport advice and support with car maintenance to help get people find employment. Three Parishes Big Local have funded an 18 month Wheels 2 Work project to provide intensive support in our area. For more information, please contact Wheels 2 Work on 01743 360641.

We had a full house at our first Basic First Aid course, held in St Martins on 14<sup>th</sup> & 28<sup>th</sup> June and the feedback from those attending the course was extremely positive. We would like to thank our local Community First Responders who worked with us to deliver the training. We hope to put on two more courses in the autumn – look out for information in village magazines and on posters around the area.

In recent months, Community Chest grants have been awarded to:

**3 Parishes Canal Action Group** for their Towpath Regeneration Project

**City Lane and area residents** in Hengoed for a Community Barbeque

**St Martins Guides** towards a healthy eating programme at a week-long Guide Camp

**FOCUS Weston Rhyn** towards the new style village show and celebrations.

**Fusion Arts Oswestry** for summer activities for young people

**The New Saints FC Community Foundation** for summer activities for young people.

Our “Postcard from my Village” competition that formed part of The BIG Get Together on 16<sup>th</sup> May was very successful. We had over 100 entries and the judging was challenging. The winners of each category were:

- Age 5 and under Leah Anderton
- Age 6 – 11 Niamh Reece
- Age 12 – 16 Simran Sajan
- Age 17 and over Carol Cooper

A portable exhibition has been created from all the entries and this will be on display in community buildings and schools over the coming months. Twelve of the postcards have been selected to go into a 2016 calendar that will be delivered to all the houses in the Three Parishes Big Local area. The calendars will be professionally produced and we are looking for local community groups to help envelope, label and deliver them in October and November this year. This is an ideal opportunity to raise funds for your community group or organisation as we will make a donation to any group that helps us. If you can help with enveloping & labelling or delivery in part or all of the area, please contact the Big Local Co-ordinator as soon as possible.



If you have an idea or if you would like to get involved with 3 Parishes Big Local, and to keep up to date with the latest news from 3 Parishes Big Local, or just for more information, **Contact Bridget Laraway, the Big Local Co-ordinator:**

Write to: Qube, Oswald Road, Oswestry, SY11 1RB	Tel: 01691 656882
Email: <a href="mailto:b.laraway@qube-oca.org.uk">b.laraway@qube-oca.org.uk</a>	Check out our website : <a href="http://www.big-local.org">www.big-local.org</a>
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